

Minimising the Use of Restraint in Home Care

THIS IS RESTRAINT

CHEMICAL RESTRAINT

PHYSICAL RESTRAINT

IS IT NEEDED?

IS IT RIGHT?

IS THERE A BETTER WAY?

Sedative Medication Tablets 10 mg

DANGER NO ACCESS

THE IMPACT OF RESTRAINT

PRESSURE INJURIES

FALLS

FEELING LOCKED IN

BOREDOM

AGITATION

FEAR

ASSESS THE PERSON'S NEEDS. TRY TO FIND OUT WHAT IS WRONG

FIND WAYS TO AVOID RESTRAINT. MEET THE PERSON'S PHYSICAL NEEDS AND INTERESTS

Bathroom and toilet

HELP THE PERSON TO COMMUNICATE. KEEP A REGULAR SCHEDULE AND PROVIDE MEANINGFUL ACTIVITY

5:30

6:00

Current as at 4th November 2020